

- Are all ladders maintained in good working condition, joints between steps and side rails tight, all hardware and fittings securely attached and moveable parts operating freely without binding or undue play?
- Are non-slip safety feet provided on each ladder?
- Are ladder rungs and steps free of grease and oil?
- Do you prohibit employees from placing ladders in front of doors opening towards the ladder except when the door is blocked open, locked or guarded?
- Do you prohibit employees from placing ladders on boxes, barrels, or other unstable bases to obtain additional height?
- Are employees instructed to face the ladder when ascending or descending?
- Are employees prohibited from using ladders that are broken, missing steps, rungs, or cleats, broken side rails or other faulty equipment?
- Are employees instructed not to use the top step of ordinary stepladders as a step? Do you adequately enforce this issue?
- When portable rung ladders are used to gain access to elevated platforms, roofs, etc., does the ladder always extend at least three feet above the elevated surface?
- Do you require that when portable rung or cleat ladders are used, that the base is so placed that slipping will not occur, or it is lashed or otherwise held in place?
- Are portable metal ladders legibly marked with signs reading "CAUTION – Do Not Use Around Electrical Equipment" or equivalent wording?
- Are employee prohibited from using ladders as guys, braces, skids, gin poles, or for other than their intended purposes?
- Are employees instructed to only adjust extension ladders while standing at a base (not while standing on the ladder or from a position above the ladder)?
- Are metal ladders inspected for damage on a regular basis?
- Are the rungs of ladders uniformly spaced at 12 inches, center to center?

Provided by: Hellman & Associates, Inc., www.ehscompliance.com, 303-384-9828

The information provided is intended for instructional use only and may not reflect the complete compliance requirements as outlined by OSHA or other regulatory agencies.